

Back to School Basketball Skills Clinic

🏀 August 19th - 23rd 🏀

For boys and girls ages 8-14. The Clinic will focus on fundamentals and specifically teaches the individual skills needed to be a successful player in today's game!



Coach Cole with Jahworkouts will lead this session & the following skills will be emphasized:

- ★ Individual Skill Development and Instruction
- ★ Speed & Agility Training
- ★ Fundamentals, Defensive Drills, Ball Handling
- ★ Shooting Drills + 3 on 3, 4 on 4 and 5 on 5 Games!

Session 1

8 - 11 year olds

9:00am - 12:00pm

Session 2

12 - 14 year olds

12:30pm - 3:30pm

Cost: *\$140 for the week or a \$40 drop in fee*

Register at the Carolina Beach Recreation Center or online at <https://carolinabeach.recdesk.com/Community/Program>. For more information about registration contact the Carolina Beach Recreation Department at 910-458-2977.

